



South Lincs Competitive Swimming

Together **E**veryone **A**chieves **M**ore

Event: Northampton Summer Festival

Venue : Corby International Pool

Date : 12th/13th July 2014

19 South Lincs swimmers travelled to the 50m long course pool over the very hot weekend to bring back a total of 29 medals to the Spalding based Competitive Swimming Club.

Young athletes Matthew O' Reilly, Dusty Saines, Elisha Cookson, Millie Pinguenet were supported by Junior Club Captains Emily McCann and Lucy Baker, Senior Captain Tom Mitchell and Vice Senior Captain Alice Gowing, Millie achieving two Silver medal places in her 100 Free and 100 Breaststroke events. Other competitors included Kirsty Clifton, Molly Trevor, Tim Wakefield, Colin O'Reilly and Olivia Harper.

Attics Strickland 11yrs Silver in his 400IM, Emily McCann 12yrs Gold in 50 Free, Silver 50 Breaststroke, silver 100 Free, Bronze 100 Breast and Bronze 200IM. 13 yrs Luke Blanchard Silver in his 200 Fly. Alice Gowing 14yrs Silver medals in her 400IM, 200IM, 200Back, 100 Free, 200 Free and Bronze in her 50 Free. 14yr Matthew Gray two Bronze medals for his 400im and 50 Breaststroke.

15 yr old girls Gemma Baker Silver in 400IM and Rebecca Mckenzie two Bronze in 100 Back and 50 Breaststroke.

15yr old Alan Sumpton Gold in 50 Breast, Silver 100 Breast and Bronze in his 100 Free and 50 Fly. 16YRS Tom Mitchell Gold in 400 Free 50 Back 200 Back Silver in 400IM and 200 Free.

Coached and supported by Callum Lawson over the whole weekend with additional poolside support.

