



## South Lincs Competitive Swimming

**T**ogether **E**veryone **A**chieves **M**ore

**Event: Lincoln Vulcans Long Course Open Meet**

**Venue : Ponds Forge International Pool Sheffield**

**Date : 10<sup>th</sup>/11<sup>th</sup> May 2014**

Saturday 10th May/Sunday 11th May 2014 Lincoln Vulcans Long Course Open Meet at Ponds Forge, Sheffield. 8 swimmers' from South Lincs Competitive Swimming Club, competed in 41 events. Coached and supported over the weekend by Head Coach Callum Lawson.

With 4 Silver and 5 Bronze medals, swimmers' Gemma Baker, Olivia Harper (15 yrs) Tim Wakefield ( 14 yrs), Luke Blanchard, (13yrs) Georgia Roberts, Lucy Baker (12 yrs) Amelia Fovargue and Samantha Millington (11yrs)

Top 3 medal places awarded to Gemma Baker Silver 200 Back, Bronze 200IM. Tim Wakefield Silver 100 and 200 Breast and 50 Free. Bronze 200 Back and 50 Back. Bronze in Luke's 200 Breast and Bronze for Amelia Fovargue in her 50 Back.

A very successful meet with all athletes obtaining Long Course times.