



South Lincs Competitive Swimming

Together Everyone Achieves More

Event: 64th Long Distance County Championships

Venue : Grantham Mere's Leisure Centre

Date : 14th February 2015

A good start to the County Championships for SLCS

Head Coach Callum Lawson and six of his qualifying swimmers, were at the ASA Lincolnshire County Championships Long Distance event – held at Meres, Leisure Centre, Grantham.

The three girls had substantial personal best times with Emily McCann (13) swimming 9.59.49, Gemma Baker (16) 9.50.65 and Alice Gowing (15) 9.26.80

Alice awarded 1st place and the Gold in her age group, and **Silver** in the Girls 800m Open Category.

The boys, not to be out done by the girls, also gained personal best times. Tom Mitchell (17) took the slightly unusual step of swimming the 1500m as an Individual Medley with a time of 18:26.55. Will Swain (14) took **Gold** for his age group, and **Silver** overall with a time of 17:28.21. Luke Elliott (15) swimming more than a minute ahead of the pack, swam in a time of 16:13.00 to receive **Gold** for his age group, and the Championship Cup with a **Gold** medal for the Boys Open 1500m category.

It was a good start to the ASA Lincolnshire County Championships for South Lincs Competitive Swimming Club. Many more of the Clubs qualifying swimmers will join these six, over two weekends in March, for the rest of the events.



