



TWO SOUTH LINGS SWIMMERS COMPETE AT PONDS FORGE LEVEL 1 MEET



Pictured
Hannah and Elisha

Over the weekend, two swimmers from SLCSC competed at the British Championship Qualifier City of Derby Meet at Ponds Forge in Sheffield.

Elisha Cookson (13 yrs) and Hannah Willis (12 yrs) swam against some of the best swimmers in the country in their age groups.

In a relaxed atmosphere, the girls enjoyed a great competition with some excellent results, with personal best times and setting numerous Long Course Club Records.

The experience these youngsters gained from watching some fantastic swimmers, was invaluable.

