



## South Lincs Competitive Swimming Club

South Lincs Competitive Swimming Club Masters swimmer Jackie Briggs competed at Hull on 3rd December at the 'City of Culture' masters swim meet. Jackie swam exceptionally well and managed to win a medal in all she raced. She claimed 4 gold medals for 400m freestyle, 100m freestyle, 50m freestyle and 100m backstroke and a silver for the 100m freestyle. Masters swimming is for anyone from 25 years old upwards. South Lincs has a masters swim squad that swim Monday and Wednesday morning 5:30 till 7:30 at the Castle Sports Centre swimming pool and welcomes new members.

