



LTS CLASS 2 ENTRY LEVEL

Swivel entry from poolside

Independent travel a distance of 5m on front and back, consistently demonstrating a horizontal streamline body position and effective 'kick' 'pointy toes' (equipment may be used)

The ability to 'show' basic aquatic breathing i.e. 'blowing bubbles' with faces in the water

The confidence to practise a new skill(s)

